



EMPOWERING FAMILIES, STRENGTHENING COMMUNITIES, BRIGHTENING FUTURES

Brief Strategic Family Therapy® (BSFT®) is a family-based intervention that serves children and adolescents ages 6-18 years and is designed to improve a youth's behavior by improving family interactions. BSFT® provides focused interventions and skill building strategies to overcome individual and family risk factors. BSFT® is typically delivered in 12 to 16 weekly sessions. <https://www.empowercommunitycare.com/bsft>

BSFT® training will be offered virtually.

Implementation steps are as follows:

- BSFT® application
- Online Organizational Preparation Workshop
- Onsite Organizational Site Readiness Workshop
- Training Workshop 1: 6 half days
- Training Workshop 2 occurs 10-14 days after workshop 1: 4 half days
- Training Workshop 3 occurs 5-6 weeks after workshop 2: 4 half days

The Supervision Practicum begins shortly after Workshop 1 and continues for 4-5 months. The Supervision Practicum includes 14 video review and consultation sessions.

Upon completion of the Supervision Practicum trainees will present to the Competency Board Panel. After passing the Panel Adherence and Fidelity is offered for two years and consists of 6 video reviews, consultation and performance reporting for Year 1 and 4 video reviews, consultation and performance reporting for Year 2 and 3 video reviews and consultations for year 3.

BSFT offers annual site licenses that must be renewed annually.

Homebuilders® provides intensive, in-home crisis intervention, counseling, and life-skills education for families to prevent the unnecessary out-of-home placement of children through intensive on-site intervention, and to teach families new skills to prevent future crises. Homebuilders® families with children ages 0-17 years. Services are delivered over 4 to 6 weeks, and the practitioner is available to family members 24 hours per day, 7 days per week. <https://www.institutefamily.org/>

Homebuilders® training will be offered virtually and consists of the following workshops:

- Homebuilders Core Skills
- Motivational Interviewing and Relapse Prevention
- Behavioral Strategies and Teaching skills
- Homebuilders Supervision Workshops
- Responsive Supervision
- Data Webinars
- Working with families with domestic violence
- Improving decision making through critical thinking



In response to the Family First Prevention Services Act of 2018, Idaho initiated the development of a Prevention Services Program. This landmark legislation offers the first opportunity to use IV-E federal funding for services aimed at preventing family separation while addressing safety and risk concerns. Youth Safety and Permanency (YSP) is looking to partner with community agencies and providers statewide who serve Idaho's children and families to develop and implement evidence-based programs (EBP). Evidence based programs are interventions where there is scientific evidence consistently showing that they improve client outcomes. These programs will be provided to children, youth, and families to address safety and risk concerns and to prevent children from entering foster care.

The EBPs listed on the front of this page were selected to bring additional service options to our community and to support children, youth, and families to reduce the risk of child abuse and neglect and to prevent family separation.

Each EBP has their own program model and training schedules; trainings will be held virtually. An agency/provider that participates in the training agrees to not only complete the training but also implement the EBP. **Trainings are anticipated to begin in August/September 2025.**

Agencies/providers will enter into a Memorandum of Agreement (MOA) with Youth Safety and Permanency (YSP) for the duration of the training. At the end of the respective trainings the agency/provider will then enter into a contract with YSP that outlines the responsibilities of implementing the EBP, ensuring both parties are aligned on expectations and commitments for successful program implementation. Contracts will be executed with individual agency/providers and are specific to the EBP being implemented.

If an agency/provider is unable to successfully complete the training to become certified, the agency/provider must reimburse YSP for any and all funds paid for by YSP within thirty (30) business days. All funds are available until September 29, 2025, or until startup funds have been expended.

For services rendered, Medicaid rates will apply. If the agency is unable to bill Medicaid, then YSP may be billed; however, both Medicaid and YSP cannot be billed for the same service. Billing YSP is specifically for services provided to children, youth, and families/caregivers who are currently participating in In-Home Prevention Services and do not have Medicaid. YSP cannot pay for services that were not provided and therefore is unable to pay for families who do not show up.

Please contact FamilyFirstInquiry@dhw.idaho.gov if you are interested in implementing any of these services.