

From: Magellan Healthcare

Subject: Recognizing National Recovery Month

September is National Recovery Month

Overview

This September, Magellan joins providers, advocates, families, and individuals in recognizing National Recovery Month. Recovery Month celebrates the message that recovery is possible for everyone affected by mental health and substance use conditions, while promoting best practices for support and treatment.

We acknowledge that "recovery" may not resonate with everyone. Some may prefer terms like wellness, journey, growth, or other self-defined ways of describing their experience, shaped by personal values, culture, and perspectives.

Language reflects and reinforces our worldview. To support recovery and resiliency-oriented language, we've created a guide for you to explore with curiosity. You can find it here: Recovery & Resiliency Language Guide.

Helpful links

Learn more about Recovery Month:

- https://www.magellanhealthcare.com/about/recovery-resiliency/resources
- https://www.samhsa.gov/recovery-month/events

Thank you to Idaho's provider network for your ongoing support of those impacted by mental health and substance use conditions. Together, we can advance recovery-oriented, trauma-informed, and culturally responsive care.